

Courage & Fearlessness

Live Music • Elevating Film • Visionary Speakers • Meditation

Wed Oct 21. 7:00pm - 9:00pm. Chauvel Cinema, Cnr Oxford St & Oatley Rd, Paddington



"Life shrinks or expands in proportion to one's courage." ~ Anais Nin

Join us for an uplifting evening of casual elegance blending live music, elevating film, a panel of guest speakers and meditation - followed by wine and chocolates.

The evening will explore our individual role in creating a culture of courage. Come along, relax in the present moment, listen to fresh perspectives and enjoy great live music.

Our goal is for you to feel renewed, inspired and discover your innate courage and compassion - to unapologetically offer yourself to the world.

Proceeds will support our kindness campaigns and 5% will be donated to the Liberation Prison Project. Book early. Limited seats.

Tickets at WakeUpSydney.com.au

Guest Speakers



Robina Courtin

Australian born Buddhist Nun; founder of the Liberation Prison Project - serving the spiritual needs of 3000 prisoners in the US and Australia.



Kate Bezar

Founder of inspirational magazine Dumbo feather, pass it on - profiling people living lives of courage, creativity and integrity. Kate gave up her house deposit to follow her dream.



Sandy Blackburn-Wright

Author of Holding Up The Sky; Westpac's Program Director of Sustainability & Community; 15 years community work in South Africa.

Artists & Musicians



Sacred Earth

Music for inner peace; Their live performance is awe inspiring, uplifting & takes you on a deep inner journey; Sold over 50,000 albums.



Dave Ireland

A superb vocal talent; Recently returned from working with Slash (Guns N' Roses); Former Headline Act for Aerosmith. A rare acoustic performance.



Subhana Barzaghi

Seasoned meditation teacher in the Zen and Vipassana traditions; She will invite us to connect to the present moment and open our hearts.

Wake Up Sydney! brings Sydneysiders together to ignite an inner revolution toward a more kind, conscious and sustainable world.

Book Early. Limited Seats. Tickets at WakeUpSydney.com.au

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Friends & Supporters: Dalai Lama in Australia, Yoga Aid, Alter Eco Chocolate, Rosnay Wine, Sounds True, Dumbo Feather Pass it on, Lululemon, Get Up!, Sydney Meditation Centre, Global Peace Index, Aware Business, Webcoda, Art of Health, Precise, The Blessing, Inky, Vajrayana Institute, Delphic Insight, Inspire Foundation, Quest for life, Voice Coach, Intrepid Travel, Clifton Advisory, Tiger Spike, Adyar Books, GreenPages, Sam McCarthy Osteo, KrisMcIntyre.com, Ensemble Partners, Oz Harvest, Levity Health, Zen Open Circle, Peaches, SLaM, Isira, Bodhi Books, Samadhi yoga, WBN, Gertrude & Alice, Nibbana, Magic of Allowing, The Actors Centre, Morphosis, Midnight Designs, Creative Life & Wellbeing, OpenGround, Chris Dorje Walker, UNSW Centre for Social Impact.